



December 2018




























Monday	Tuesday	Wednesday	Thursday	Friday
SPV – Grape Tomatoes 3 Popcorn Chicken Basket with a Biscuit Or- Italian Hoagie Or-Yogurt & Cheese Stick with a Biscuit Jazz'd Waffle Fries Mixed Fruit	4 Cheeseburger on a Bun Or- Turkey Custer Or- Yogurt & Cheese Stick with a Dinner Roll Seasoned Green Beans Peaches	5 Pizza Hut Pizza Or- Chicken Salad Croissant Or- Yogurt & Cheese Stick with a Breadstick Broccoli Pears	6 Crispy Beef Tacos with a Lettuce & Cheese Cup Or- Sunshine Chicken Salad with a Dinner Roll Or- Yogurt & Cheese Stick with a Dinner Roll Seasoned Black Beans Strawberries	7 Turkey Bacon Flatbread w/a Red Pepper Aioli Sauce Or- Crispy Chicken Salad with a Soft Pretzel Or- Yogurt & Cheese Stick with a Soft Pretzel Crispy Carrot Sticks Fresh Apple
SPV – Baby Carrots 10 Hot Dog on a Bun Or- Turkey & Cheese Hoagie Or- Yogurt & Cheese Stick with a Soft Pretzel Baked Beans Pineapple Tidbits	Terrific Tot-Chos w/Beef 11 & Cheese & a Breadstick Or- Hummus & Flatbread with Fresh Veggies Or- Yogurt & Cheese Stick with a Breadstick Tasty Tater Tots Tremendous Tangerines Totally Cool Chocolate Chip Cookie	12 Chicken Waffle Sandwich Or- Antipasto Pasta Salad Or- Yogurt & Cheese Stick with a Dinner Roll Sweet Potato Wedges Fresh Banana	13 BBQ Pulled Pork Sandwich Or- Southwest Chicken Salad with a Dinner Roll Or- Yogurt & Cheese Stick with a Dinner Roll Iceberg Lettuce Salad Peaches	14 Chicken Alfredo with Garlic Bread Or- Beef Taco Salad with Garlic Bread Or- Yogurt & Cheese Stick with Garlic Bread Broccoli Fresh Orange Wedges
SPV – Grape Tomatoes 17 Colby Cheese Omelette with a Long John Donut Or- Salami, Cheese and Crackers with Nutrigrain Bar Or- Yogurt & Cheese Stick with a Long John Donut Sweet Potato Tots Mandarin Orange Segments	18 Soft Shelled Chicken Tacos with a Lettuce & Cheese Cup Or- Roast Beef Sandwich Or- Yogurt & Cheese Stick with a Dinner Roll Refried Beans Cinnamon Applesauce	19 Pizza Hut Pizza Or- Turkey BLT Or- Yogurt & Cheese Stick with Breadstick Romaine and Spinach Salad Mixed Fruit	20 Sliced Ham with a Ciabatta Roll Or- Tuna Salad on 9 Grain Or- Yogurt & Cheese Stick with a Ciabatta Roll Au Gratin Potatoes Pineapple Rings Chocolate Brownies	21 Corn Dog on a Stick Or- Buffalo Chicken Wrap Or- Yogurt & Cheese Stick with Assorted Bread Crisp Celery Sticks Fruit Medley
January 2018				
SPV – Baby Carrots 31 No School	1 No School	2 Westside No School French Toast Sticks with Sausage Links Or- Yogurt & Cheese Stick with a Breadstick Tater Tots Fruit Medley	3 Westside No School Sloppy Joe on a Bun Or- Yogurt & Cheese Stick with a Soft Pretzel Baked Beans Fruit Medley	4 Westside No School Chicken Noodle Soup with Goldfish Crackers Or- Yogurt & Cheese Stick with Goldfish Crackers Steamed Carrots Fruit Medley Chocolate Chip Cookie
SPV – Grape Tomatoes 7 Breaded Mozzarella Sticks with Marinara Sauce Or- Ham & Cheese Hoagie Or- Yogurt & Cheese Stick with a Breadstick Glazed Carrots Pears	8 BBQ Chicken Legs with a Dinner Roll Or- Chef Salad w/a Dinner Roll Or- Yogurt & Cheese Stick with a Dinner Roll Cowboy Beans Fresh Banana	9 Pizza Hut Pizza Or- Chicken Salad Croissant Or- Yogurt & Cheese Stick with a Soft Pretzel Fresh Broccoli Peaches	10 Big Ol' Meatball with Garlic Bread Or- Southwest Chicken Wrap Or- Yogurt & Cheese Stick with Garlic Bread Seasoned Green Beans Fresh Apple	11 Macaroni and Cheese with a Soft Pretzel Or- Asian Chicken Salad with a Soft Pretzel Or- Yogurt & Cheese Stick with a Soft Pretzel Peas Blueberries

8 oz. nonfat flavored or 1% unflavored milk served daily. Menus subject to change. Denotes PORK in main entrée. Denotes BEEF in product

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>SPV – Grape Tomatoes 7</p> <p>Breaded Mozzarella Sticks with Marinara Sauce Or- Ham & Cheese Hoagie  Or- Yogurt & Cheese Stick with a WG Breadstick Glazed Carrots Pears </p>	<p>8</p> <p>BBQ Chicken Legs with a WG Dinner Roll Or- Chef Salad w/a WG Dinner Roll  Or- Yogurt & Cheese Stick with a WG Dinner Roll Cowboy Beans Fresh Banana</p>	<p>9</p> <p>Pizza Hut Pizza Or- Chicken Salad Croissant Or- Yogurt & Cheese Stick with a WG Soft Pretzel Fresh Broccoli Peaches</p>	<p>10</p> <p>Big Ol' Meatball with WG Garlic Bread  Or- Southwest Chicken Wrap Or- Yogurt & Cheese Stick with WG Garlic Bread Seasoned Green Beans Fresh Apple</p>	<p>11</p> <p>Macaroni and Cheese with a WG Soft Pretzel Or- Asian Chicken Salad with a WG Soft Pretzel Or- Yogurt & Cheese Stick with a WG Soft Pretzel Peas Blueberries</p>
<p>SPV – Red Bell Pepper Strips 14</p> <p>Sausage, Egg & Cheese Biscuit Sandwich  Or- Cottage Cheese & Fruit with a WG Biscuit Or- Yogurt & Cheese Stick with a WG Biscuit Sweet Potato Tots Fresh Apple</p>	<p>15</p> <p>Cheeseburger on a Bun  Or- Hummus, WG Flatbread and Fresh Vegetables Or-Yogurt & Cheese Stick with a WG Soft Pretzel Baked Beans  Fresh Banana </p>	<p>16</p> <p>Sweet & Sour Popcorn Chicken with Brown Rice Or- Salami, Cheese, Crackers and a Nutrigrain Bar  Or-Yogurt & Cheese Stick with a WG Dinner Roll Oriental Blend Vegetables Fresh Pear Fortune Cookie</p>	<p>17</p> <p>BBQ Chicken Flatbread Pizza Or- Antipasto Pasta Salad  Or-Yogurt & Cheese Stick with a WG Dinner Roll Romaine Salad with Croutons Mixed Fruit</p>	<p>18</p> <p>Shepherd's Pie with a WG Breadstick  (Ground Beef w/Peas, Carrots, and Corn with Mashed Potatoes) Or- Sunshine Chicken Salad w/a WG Breadstick Or-Yogurt & Cheese Stick with a WG Breadstick Mashed Potatoes Strawberries</p>
<p>SPV – Grape Tomatoes 21</p> <p><i>Martin Luther King, Jr. Day</i> Westside No School</p>	<p>22</p> <p>Crispy Chicken Sandwich Or- Italian Hoagie  Or-Yogurt & Cheese Stick with a WG Soft Pretzel Jazz'd Crinkle Fries Peaches</p>	<p>23</p> <p>Pizza Hut Pizza Or- Turkey BLT  Or-Yogurt & Cheese Stick with a WG Breadstick Fresh Broccoli Pears </p>	<p><i>National Compliment Day</i> 24</p> <p>Turkey Pot Pie w/a WG Biscuit Or- Roast Beef Sandwich  Or-Yogurt & Cheese Stick with a Biscuit Steamed Carrots Fresh Yellow Apple</p> <p><i>That's a wonderful smile!</i></p>	<p>25</p> <p>Walking Taco with a Lettuce and Cheese Cup  Or- Crispy Chicken Salad with a WG Dinner Roll Or-Yogurt & Cheese Stick with a WG Dinner Roll Refried Beans Orange Wedges</p>
<p>SPV – Baby Carrots 28</p> <p>Hot Dog on a Bun  Or- Turkey & Cheese Hoagie Or-Yogurt & Cheese Stick with a WG Soft Pretzel Ranch Beans Applesauce</p>	<p>29</p> <p>Popcorn Chicken Bowl with Cheddar Cheese and a WG Breadstick Or- Beef Taco Salad with a WG Breadstick  Or-Yogurt & Cheese Stick with a WG Breadstick Mashed Potatoes & Gravy Fresh Banana</p>	<p>30</p> <p>Grilled Cheese and Tomato Soup Or- Southwest Chicken Salad with a WG Dinner Roll Or-Yogurt & Cheese Stick with a WG Dinner Roll Crisp Celery Sticks w/Ranch Pineapple Tidbits</p>	<p>31</p> <p>Penne Pasta with Meat Sauce and WG Garlic Bread  Or- Turkey Custer  Or-Yogurt & Cheese Stick with WG Garlic Bread Romaine Spinach Salad Mandarin Oranges Candy Cookie</p>	<p>1</p> <p> Pancakes & Sausage Links  Or- Buffalo Chicken Wrap Or-Yogurt & Cheese Stick with a WG Dinner Roll Sweet Potato Fries Blueberries </p>

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