



Knights of Columbus

Free Throw Tournament

- When: Sunday January 21st 2018 at 4:00pm**
- Where: St. James/Seton Gym**
- Who: Boys and Girls Ages 9-14**
- How: Shoot 15 free throws, (+3 warm ups)**
- Why: For fun mostly, but winners at each age and gender get a trophy and get to advance to the district shoot in February.**

Rule Details:

- Each age group and gender is in their own division (for instance, 9-year old girls, 10-year old girls, 9-year old boys, etc)
- Boys ages 12 and up use a Men's Regulation ball. All other contestants use a Women's Regulation ball. Note: A contestant may choose to use a Men's Regulation ball if they wish.
- Ages 9, 10 and 11 all shoot from behind a 12-foot line. Ages 12, 13, 14 use the standard foul line (15 feet).
- If there is a tie within a division, the contestants involved each take 5 consecutive shots until one contestant emerges the winner. No warm up shots.